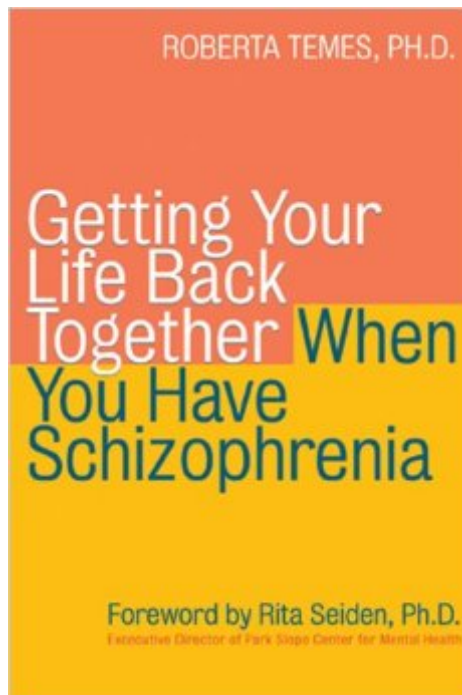


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# Getting Your Life Back Together When You Have Schizophrenia



## Synopsis

Despite recent advances in medicine and psychology, schizophrenia remains a complex and challenging disease. In this practical manual, Roberta Temes explains what the disease is, describes treatment options and resources, and presents an innovative 'collaborative cure' that brings together a support team to help the person with schizophrenia lead a fuller life.

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #654,497 in Books (See Top 100 in Books) #149 in [Books > Health, Fitness & Dieting > Mental Health > Schizophrenia](#) #284 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Mental Illness](#) #596 in [Books > Health, Fitness & Dieting > Mental Health > Mood Disorders](#)

## Customer Reviews

This text is easily read and tends towards practical advice. There are any nuber of comprehensive texts, however this book covers the personal aspects of dealing with a disease with an gargantuan effect. Any one who has to deal with this disease would be well advised to purchase a copy.

My Father and my brother have Schizphrenia. I've read several books over the years and I can tell you that this book really opened my eyes and heart and let me know what they have gone through. It's easy to read and not long or boring...I bought a book for each member of the family. Awesome Book!!!

An excellent easy to read book that helps those who have this devestating illness, and their family members.

This is the clearest, most hopeful, and comprehensive book I've read on schizophrenia. The book is

easy-to-read, yet in 160 pages, it gives a thorough understanding of what a person with schizophrenia has gone through and how to progress to having a good life. The author speaks directly to the patient or family in a kind, sensitive, and intelligent way that empowers the person to fully participate in his or her own care. I especially liked the chapter titled, "How Can I Best Help My Loved One."

great book. very helpful. highly recommend it to anyone out there dealing with this illness. it's unfortunate that psychiatrists and treatment providers don't do a better job of informing their patients about their condition. but with the help of books like this, patients can learn how to recognize their illness and manage it better.

I didn't find this book to be nearly as helpful as the books by Xavier Amodor or The Complete Family Guide to Schizophrenia, both of which I found to be very informative and helpful. I'm not sure how receptive someone with Schizophrenia might feel about reading this book, as I found parts of it to be offputting. I was hoping to give it to a friend with Schizophrenia, but am not sure whether it would be well received.

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